

Name _____

Healthy Choices

Show three choices you will make after school today.
Think about why you will make those choices.

I will...

I will...

I will...



Name _____

Excuses, Excuses!



Excuse

***fit* Choice**

Excuse	<i>fit</i> Choice

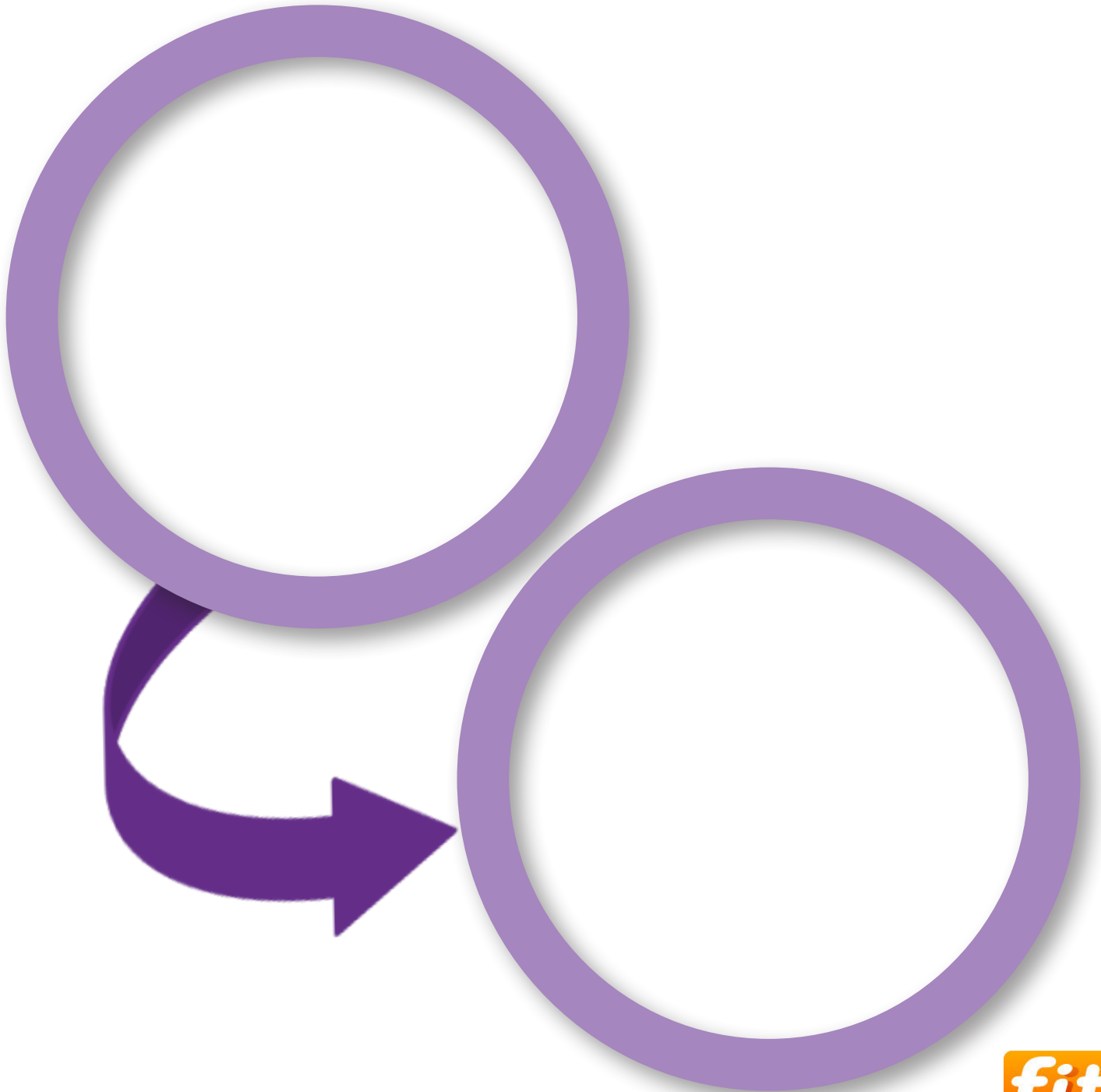


Name _____

Bust Excuses!

Write an excuse you use and draw what you look like when you use that excuse.
Then write or draw what you can do to bust that excuse and make a *fit* choice!

Excuse: _____



Name _____

Excuse Buster!



fit Choices

