

Name \_\_\_\_\_

# MOVE Challenge Tracker

Write or draw how you MOVE each day and record whether you moved before or after school.

## MOVE

**Day 1:**

\_\_\_\_\_

- Before School
- After School

**Day 2:**

\_\_\_\_\_

- Before School
- After School

**Day 3:**

\_\_\_\_\_

- Before School
- After School

**Day 4:**

\_\_\_\_\_

- Before School
- After School

**Day 5:**

\_\_\_\_\_

- Before School
- After School

