



# Topic 3: FOOD is Fuel

**Common Core** <http://www.corestandards.org/read-the-standards/>

English Language Arts/Literacy	K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Grade 6	
Speaking and Listening Standards	SL.K.1	SL.1.1	SL.2.1	SL.3.1	SL.4.1	SL.5.1	SL.6.1	
	SL.K.2	SL.1.2	SL.2.2	SL.3.2	SL.4.2	SL.5.2	SL.6.2	
	SL.K.3	SL.1.3	SL.2.3	SL.3.3	SL.4.3	SL.5.3	SL.6.3	
	SL.K.4	SL.1.4	SL.2.4	SL.3.4	SL.4.4	SL.5.4	SL.6.4	
	SL.K.5	SL.1.5	SL.2.5	SL.3.5	SL.4.5	SL.5.5	SL.6.5	
	SL.K.6	SL.1.6	SL.2.6	SL.3.6	SL.4.6	SL.5.6	SL.6.6	
Reading Standards for Informational Text	RI.K.1	RI.1.1	RI.2.1	RI.3.1	RI.4.1	RI.5.1		
	RI.K.2	RI.1.2	RI.2.3	RI.3.2	RI.4.2	RI.5.2		
	RI.K.3	RI.1.3	RI.2.4	RI.3.3	RI.4.3	RI.5.3		
	RI.K.4	RI.1.4	RI.2.6	RI.3.4	RI.4.4	RI.5.4		
	RI.K.7	RI.1.6	RI.2.7	RI.3.6	RI.4.5	RI.5.5		
	RI.K.8	RI.1.7	RI.2.8	RI.3.7	RI.4.6	RI.5.6		
	RI.K.9	RI.1.8	RI.2.9	RI.3.8	RI.4.7	RI.5.7		
	Reading Standards for Literature	RL.K.1	RI.1.9	RL.2.1	RI.3.9	RI.4.8	RI.5.8	
		RL.K.2	RL.1.1	RL.2.3	RL.3.1	RI.4.9	RI.5.9	
RL.K.3		RL.1.2	RL.2.7	RL.3.3	RL.4.3	RL.5.1		
RL.K.4		RL.1.3		RL.3.6	RL.4.9			
RL.K.7		RL.1.4		RL.3.7				
RL.K.9		RL.1.7	RL.1.9					
<b>Mathematics</b>	N/A	1MD.4	2MD.10	3MD.3	N/A	N/A	N/A	

**Health Education Standards** <http://www.cdc.gov/healthyyouth/sher/standards/index.htm>

	Pre-K-Grade 2*	Grades 3-5	Grades 6-8*
Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.	1.2.1	1.5.1	1.8.1 1.8.7
Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.	4.2.1 4.2.2	4.5.1 4.5.2	4.8.1
Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.	5.2.1	5.5.1 5.5.3 5.5.4 5.5.5	5.8.1 5.8.4 5.8.6
Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.	6.2.1	6.5.1	6.8.1 6.8.2 6.8.3
Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.	7.2.1 7.2.2	7.5.1 7.5.2 7.5.3	7.8.2 7.8.3
Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.	8.2.1 8.2.2	8.5.1	8.8.1

\*Materials intended for use with grades K-6